



SUNGLASSES

I was walking the beach after a tropical storm, and I came across a pair of women's sunglasses covered with barnacles. They must have been in the sea for a long time, only to have come ashore in the recent gales. I picked them up and reflected on the person who had lost them. Was she swept away in another storm? What had her eyes seen during her lifetime? Is she walking the beach looking for her lost glasses?

Her glasses challenged me to look more deeply and to give thanks for this imagined, yet very real, person. And each gift from the sea is precious, a revelation, and an inspiration.

Where ever you are, I pray for you often. Thank you for your gift.

As Deuteronomy 4.9 reads, 'Do not forget the things your eyes have seen nor let them slip from your heart all the days of your life.'

So, *stop, look, listen*. You never know what gift from the sea is waiting for you.



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"God on the Gulf Coast" is a seven-day retreat guide from Sister Shirley Miller about finding God in unexpected places.