SAVE THE DATE!

A Silent Retreat Opportunity in Conjunction with Roots that Gives Us Wings 2020

This is an opportunity for anyone in the Sacred Heart Community, but especially those who will be going to Roots That Give Us Wings in June 2020, to make a silent retreat in the days following the Roots program.

The retreat will be held at the King’s House Retreat and Renewal Center in Belleville, IL, just outside of Saint Louis. Participants can sign up for any time period between the closing of Roots on June 24th until June 29th. Sophie’s Well team members will be available to accompany Sacred Heart participants. In addition, there will be time for Sacred Heart participants to pray together each day. Please specify on your Registration through the King’s House website your preference for an RSCJ and if you have a specific preference, please note that as well (see bios opposite).

Sophie’s Well Retreat Directors:

Kathy McGrath, RSCJ
Sr. Kathy McGrath has been involved in the ministry of spiritual direction and retreats since 1997. She has served at the Society of the Sacred Heart's retreat house in San Diego and has experience in companioning others in the Spiritual Exercises of St. Ignatius in English and Spanish. She has served on the Board at the Academy of the Sacred Heart, St. Charles and as Formation to Mission Director at 91st Street, New York. She currently lives in St. Charles, MO and is serving on the team of Sophie’s Well: A Center for Sacred Heart Spirituality for the US-Canada Province. She has a background in business and worked for 15 years with men and women who were homeless in New York City, Chicago, Boston and St. Louis.

Mary Pat White, RSCJ
After serving in Network Schools in St. Charles, St. Louis and Houston, Sr. Mary Pat White served in several Newman Centers at universities in California. She was director of the Service and Immersion Program at Duchesne House for Volunteers in New Orleans and has served as vocation director for the United States – Canada Province. She did her training as a spiritual director at the Center Point Spiritual Direction Center in Santa Barbara, CA. She currently lives and ministers in Berkeley, CA as part of a program open to Young Adults there. She also serves on the Core Team of Sophie’s Well: A Center for Sacred Heart Spirituality for the US-Canada Province.

The cost for the retreat would be about $90/night. You would register for the retreat directly through the King’s House website at: http://www.kingsretreatcenter.org/

If you have any questions about the retreat, please contact Kathy McGrath, RSCJ at kmspiritmin@rscj.org or 617-953-3485