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# heart

A JOURNAL OF THE SOCIETY OF THE SACRED HEART, UNITED STATES - CANADA

# heart

*Heart* is published two times a year to highlight the mission and ministries of the Society of the Sacred Heart United States – Canada Province for a wide circle of friends.

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The Society of the Sacred Heart, an international community of women religious, was founded by Saint Madeleine Sophie Barat in post-revolutionary France and expanded to North America by Saint Rose Philippine Duchesne. Our mission is to discover and reveal God's love in the heart of the world through the service of education.

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# from the Provincial

## Dear Friends and Family of the Sacred Heart,

Advent, a time intended to nurture a sense of wonder, expectancy, and excitement, can easily be lost as we face not only the typical Christmas business but an increased level of societal uncertainty. Yet we who claim a common identity rooted in the Heart of Christ are called to spend these weeks before Christmas with a sense of confident joy. Why? Because at the core of our identity as members of the Family of the Sacred Heart is a life of relationship — with God, with one another, and with the world that our God loves.

*Relationship* is the very substance of our spirituality. Rooted in Saint Madeleine Sophie's charism, we are drawn to a contemplative sensitivity, thus allowing the pierced Heart to reveal a God whose very being is self-gift — poured out, open, relational. To live our spirituality and Sophie's charism is to be drawn into that same current of love that binds us to one another and to all creation. In this current, we come to know God ever more deeply, not in isolation, but through encounter — through listening, forgiving, rejoicing, and walking together. From this place, we hold a reverence and regard for the dignity of each person and all of creation. Our communities and families, imperfect as they may be, are sacred spaces where divine love becomes visible.

In this issue of *Heart*, we share stories of members of our larger family and how they are responding to this call to communion. In the narratives you will read about celebrations of encounter, of unity in mission. May each story inspire you to see with the Heart of Christ, to relate with gentleness and truth, to allow love to heal and transform us.

On behalf of the Religious of the Sacred Heart and all those with whom we partner in mission, I thank you for your abiding interest in our mission. Your kind and generous support enables us to respond in so many ways to the needs of God's people.

Please know that you and your families are in our prayers. May Advent, Christmas and the New Year be times of joy and peace for you and for our world.

United in mission,



Suzanne Cooke, RSCJ



# Journey to a New Province

By Suzanne Cooke, RSCJ



Members of the Cor Unum working group: Maria Herrera, RSCJ; Donna Dolan, RSCJ; and Mariela Peña Kippa

“We are sisters who live inclusion and solidarity, open communication and generative dialogue, participation and belonging. Inspired by the love of the heart of Jesus, we continue to heal our histories, to disarm our prejudices, to respect our different rhythms, to value our diversity. We celebrate with joy and hope that in the open heart everyone finds a place.”

— Vision Statement, ANAM Province

The work of creating the new ANAM Province continues on many levels, the most important of which is building relationships among the members of the three legacy provinces (Antilles, Mexico and United States – Canada) through conversations, exchanges, joint projects, and shared prayer.

While intra-provincial working groups address the practical details of life, such as finances, technology, and communication, other working groups are focused on helping Religious of the Sacred Heart (RSCJ) meet one another in new ways and to imagine how we might organize ourselves for life and mission. In other words, we RSCJ are exploring together how “to be and act as One Body,” one of the calls of the Society of the Sacred Heart General Chapter 2016. Our coming together to know one another is being supported by the Governance working group as we explore ways to engage in shared decision-making.

Recently, the Cor Unum working group, comprised of three RSCJ, one from each legacy province, organized an interprovincial Zoom during which four RSCJ communities shared about their way of being, living the charism, and creating community. Seeing and listening to our sisters in these communities — the San Pedro Community in Mexico, Sophie Community in Canada, León Community in Mexico, and Berkeley Community in the United States — opened our hearts to new ways of exploring together how “to be and act as One Body.”

Given the complexities of our world, building One Body across our countries of Canada, Mexico, Puerto Rico, and the United States is audacious. Virtual gatherings like these provide an exciting means for us to deepen our mutual knowledge and understanding of one another.

As Donna Dolan, RSCJ, the convenor of the group reminded us, “We all have a shared desire to know one another and to be known by each other as sisters engaged in mission. This is at the heart of Cor Unum — our being One Body.”

In listening to our sisters, we experienced astonishment, surprise, humility, and a deeper appreciation for our shared mission. Donna captured our commitment to Cor Unum saying, “Whatever the inner call to action you experience, know it will open up new landscapes of culture and countries within the heart. This will allow all of us to create something new within ourselves and within our communities for the sake of mission.”

The RSCJ across our new province will continue to gather and learn from one another. The promise of ANAM is alive!



# LanguageHub

## Building Bridges for the Emerging Future

By Jennifer Morfin, Facilitation and Language Hub Director, Stuart Center for Mission

Rooted in the mission of the Society of the Sacred Heart, the LanguageHub is a service of the Stuart Center for Mission in Washington, D.C., that extends the Society's mission of education, justice, and intercultural encounter into a global context. The LanguageHub creates culturally sensitive spaces where every voice is heard and valued, across cultures and languages.

In our interconnected world, communication across cultures is not just a skill — it is an essential pathway for collaboration, learning, and transformation. The LanguageHub was created in response to this reality: a space where language is not only a tool for interpretation or translation, but also a bridge to deeper understanding and shared meaning.

The Hub is more than a service; it is an experiment in creating a future where voices can be heard without borders. Too often, language barriers determine who speaks, who listens, and who belongs. The LanguageHub seeks to change that by offering interpretation, translation, and facilitation that ensure full and authentic participation in various settings.

In practice, this work is flexible and creative. At large international meetings, the Hub offers teams of interpreters to provide seamless and meaningful multilingual participation. The Hub also provides translation of written materials and presentations so that everyone has equal access.

Beyond these technical services, however, the Hub cultivates a spirit of encounter. Language is a doorway into culture, identity, and belonging — and by walking through these doorways together, communities move toward true intercultural dialogue.



Aurora (Boris) Aguila and Mariluz Borja, RSCJ, serving as interpreters at the USC Province Assembly this past summer.

This vision is closely tied to the creation of the new ANAM Province. The Hub plays a vital role in honoring the legacy provinces with cultural sensitivity, while also helping to weave a shared identity that reflects the richness of our diversity.

Another essential dimension of the Hub's mission is cultivating new interpreters. Through training courses and a monthly community of practice, bilingual young adults are developing both professional skills and meaningful income opportunities. In this way, the Hub is not only meeting the demand for inclusive communication but also forming interpreters who embody our mission — where interpretation itself becomes a ministry of connection and communion.

Looking ahead, the LanguageHub envisions new technologies, partnerships, and training opportunities to expand access. But at its heart, the work remains deeply human: ensuring that every person knows their voice matters in the global conversation.

**For more information contact Jennifer at [jmorfin@stuartcenter.org](mailto:jmorfin@stuartcenter.org)**

# Together as One Heart

By Erin Everson, Communications Project Manager for the Society of the Sacred United States – Canada Province

July 11-14, 2025, Associates and Religious of the Sacred Heart from Canada, Mexico, Uganda, and the United States gathered in person at the Pallottine Renewal Center in Florissant, Missouri, for a conference entitled “Together as One Heart” or “Juntos Como un Solo Corazón.” It was a time of deep reflection, sharing, learning, praying, and coming together as “One Body”— a call from the Society’s General Chapter 2016.

The conference was the first of its kind in the history of the Associates program, which was established about 30 years ago. The gathering also reflected, in part, the future province comprised of the Antilles, Mexico, and United States – Canada Provinces.

“The gathering was balm for the soul,” said Associate Julie Burns. “There was a sense that we were already one and with simultaneous translation, there was no language barrier.”

Among several RSCJ participants were Provincials Clara Malo, RSCJ, and Suzanne Cooke, RSCJ, and General Council member Noellina Namusisi, RSCJ; they presented on the Society’s General Chapter 2024.

“Sharing, praying, reflecting, and being in community with the RSCJ and Associates from around the U.S., Canada, and Mexico provided a deeper understanding of Sophie’s charism in real time. I am grateful for the opportunity and

feel strengthened to carry forth the mission and the love of God to others,” said Elda Garcia-Ditta, an Associate from Houston, Texas.

Sofy Gámez, an Associate from San Luis Potosí, said, “The call that mostly resonated with me was to reach new frontiers... I think that this Associates gathering fulfilled this call because it gave us the opportunity to be interconnected. It gave us spaces for deep listening and dialogue to look at ourselves in a new way, but at the same time allowed us to reaffirm our shared identity.”

Associates Leadership Co-Chairs Sarah Cassidy and Angela LaGrange Scott gave a presentation on the gathering to a room full of





RSCJ and mission partners at the USC Province Assembly just one day after the conference concluded. Sarah said, “Our experience was a testament to the new energy and life that is emerging as we are in dialogue with both sisters and Associates.”

As a follow-up to the in-person event, the gathering organizers hosted a Zoom meeting in late September, inviting Associates and RSCJ from throughout the Mexico and USC Provinces to attend. They offered a sample of the July experience and shared learnings and next steps for continued collaboration and formation.

Marilyn Lorenz, Associate from St. Louis, concluded, “The Zoom was lovely and positive. I look forward to interacting with our Mexican sisters so we can learn from and with each other as one province. Their energy and spirit will help move us forward.”



# Bringing Sacred Heart Educators Together

By Lyana Azan, Dean of Teaching and Learning, Upper School English Teacher at Carrollton School of the Sacred Heart

The inaugural Sacred Heart Educators Symposium brought together educators from all 25 schools across the Network of Sacred Heart Schools in the United States and Canada, as well as colleagues from four schools in Mexico, for three transformative days in New Orleans. With the theme “Seeking Truth and Understanding Humanity,” the symposium explored how Sacred Heart educators embody the *Philosophy of Sacred Heart Education – Sophie’s Gift: Our Call to the Future* in their daily practice.

The event was structured around four distinct tracks derived from *Sophie’s Gift: Humanization Towards Transformation, Thought and Inquiry, Seeking Common Horizons, and Communities of Hope*. These tracks provided frameworks for educators to examine their practice through the lens of Sacred Heart spirituality and educational philosophy.

Each day began with a prayer service followed by a keynote speaker. The morning services wove together intellectual content with the contemplative tradition of the



Religious of the Sacred Heart, while the four keynote speakers anchored the symposium’s exploration of Sacred Heart educational philosophy.

Dr. Lisa Miller from Columbia University Teacher’s College demonstrated how the *Goals and Criteria* have long embodied what peer-reviewed science now shows as essential to mental health and wellness: strong relationships, sense of purpose, and contemplative practices.

Dr. Jacqueline Gallo challenged participants to move beyond single stories and see unknown people as equals whose dignity and wisdom deepen our common search for truth.

Joseph Carver from The Meadows School addressed the growing challenge of student risk aversion, offering strategies for building communities of healthy risk-takers and problem-solvers.

The symposium culminated with Provincial Suzanne Cooke, RSCJ’s

keynote, which explored the fundamental call of Sacred Heart educators and their response to *Sophie’s Gift*, grounding the symposium’s themes in the spiritual foundations and charisma that unite educators across the Network.

In addition to the keynote presentations, the symposium featured over 50 breakout sessions led by educators from across the



**“This experience reminded me that to educate is, above all, a way of living. Sacred Heart educators and guest speakers showed how this spirituality comes alive in the classroom — in practices that strengthen the heart, in service that humanizes, and in an education that unites contemplation and action.”** – Maribel Andrade Compeán | General Director | Colegio Sagrado Corazón | San Luis Potosí

Network, enabling participants to share their expertise and learn from colleagues' innovative practices. These sessions were organized around the four symposium tracks, which focused on social justice integration; critical thinking and interdisciplinary approaches; global citizenship and multicultural perspectives; and classroom environments that nurture resilience and spiritual purpose. The breakout sessions addressed concrete challenges that Sacred Heart schools face, from implementing inclusive

pedagogies to integrating technology while maintaining human connection.

Simultaneous translation services, provided by Jennifer Morfín and Aurora Abigail Aguila from the Stuart Center, ensured full participation of all attendees.

For many, special appearances by local students were the highlights of each day. During Sunday's prayer service, the primary choir from the Academy of the Sacred Heart (The Rosary) in New Orleans, led the symposium participants in song. Organized and directed by Jodi McWilliams, the choir consisted of third and fourth grade girls who meet weekly in a non-auditioned group.

Another high point was the “Janet Erskine Stuart Essay Contest: Honoring Sacred Heart Educators,” which had invited middle and high school students in grades

7-12 to write about Sacred Heart educators and their special role in the community. Students were asked to capture the character of Sacred Heart educators, focusing on how they demonstrate Sacred Heart values, help students grow intellectually and spiritually, and prepare them to make a positive difference in the world.

Two outstanding winners emerged from the many submissions. Eliana, an eleventh-grade student from Convent of the Sacred Heart in New York City, won the upper school division, and Charlotte, an eighth-grade student from the Academy in New Orleans, won the middle school division. Both winners received a \$250 cash prize, and their video essays were featured during the symposium, bringing student voices into the celebration.

Central to the symposium's success was its emphasis on relationship-

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Photos by Agostino Visocchi

# Charting a Course for the Future



By Sheila Haggas, Executive Director of the Network of Sacred Heart Schools, and Nat Wilburn, Head of the Conference of Sacred Heart Education

Together, the Conference of Sacred Heart Education and the Network of Sacred Heart Schools ensure that the mission of Sacred Heart education — rooted in the charism of Saint Madeleine Sophie Barat — remains both faithful to the mission of the Society of the Sacred Heart and responsive to the needs of the children and young people of our time as we prepare them for the future.

The 25 Schools of the Sacred Heart in the Network depend on the Conference to strengthen the structures of relationship among leaders by enhancing leaders' understanding of sponsorship, accountability, and effective mission-centered governance. They count on the Network of Sacred Heart Schools to expand mission-centered programming for students and educators, thus promoting the vitality of Sacred Heart education through networking the adult and student communities around shared mission as articulated in the *Goals and Criteria*.

This collaborative approach to supporting the school communities ensures the relevance, vitality, and transformative power of the Sacred Heart charism.

In this spirit of collaboration, both the Conference and the Network have been engaged in strategic planning processes to chart a path for the future of Sacred Heart education in Canada and the United States. These plans were the focal point of this past October's Network Membership Meeting and Annual Trustee Formation to Mission Conference.

In the case of the Network of Sacred Heart Schools, *Vision 2030* represents the shared wisdom and collaboration of the 25 heads of schools working closely with Sheila Haggas, executive director of the Network, and Amanda Codina, director of student programs and special initiatives, as well as the Network board of directors.

At its heart, the Network Strategic Plan is built on four guiding pillars that will shape the Network's priorities and programs in the years ahead.

## 1. Renewed Sacred Heart Charism

By 2030, Network member schools will be equipped with a deepened foundation in the Sacred Heart charism,

enabling them to respond to the changing spiritual needs of young people who seek to build meaningful and purposeful lives.

## 2. Contemplative Sensitivity and Human Dignity

By 2030, Network programs and services will be increasingly grounded in a contemplative regard for the dignity of every person, ensuring that education and formation remain centered on compassion, reflection, and respect.

## 3. Thoughtful Use of Technology

By 2030, the Network will support schools in evaluating and incorporating current and emerging technologies with a commitment to integrity, balance, and holistic well-being for both students and adults.

## 4. Educational Innovation Rooted in Mission

By 2030, the Network will provide schools with tools to envision, innovate, implement, and collaborate on educational models that faithfully respond to the demands of a changing world while remaining true to the *Goals and Criteria* of Sacred Heart education.

Each pillar is accompanied by clear strategies, initiatives, and a timeline for implementation. Presented at the Annual Trustee Education to Mission and Membership Meeting this past October, *Vision 2030* was enthusiastically accepted by the members of the Network.

The Conference of Sacred Heart Education serves as the primary liaison with the Society of the Sacred Heart and the 25 Schools of the Sacred Heart in Canada and the United States. Appointed by and accountable to the Provincial Team, the Conference aims to provide resources, opportunities, and avenues for thoughtful dialogue and discernment about the evolving mission of Sacred Heart education among trustees, heads, leadership teams, the Provincial Team, and school communities.

At this same meeting in October, the Conference of Sacred Heart Education presented the initial draft of its strategic vision, *Invigorating Mission for the Future*. Developed by the members of the Conference in

dialogue with the heads of school, board chairs and Provincial Team, this plan highlights the core purpose of the Conference: to animate fidelity to mission by ensuring close collaboration among Religious of the Sacred Heart and school leaders for the sake of ensuring full understanding of the *Goals and Criteria*.

The plan addresses the three significant areas of mission effectiveness: (1) governance to maintain the vitality and relevance of the mission; (2) education to mission for boards, chairs, heads, and leadership teams; and (3) processes of accountability for mission.

To clarify how the Conference achieves these goals, it will undertake the following objectives, grouped under five pillars and related strategic objectives.

**Pillar One**, *Governance for Sake of Mission*, aims to clarify for boards and schools the governance structures of Sacred Heart schools and support leadership in their work.

**Pillar Two**, *Our Educational Mission in the Church*, intends to further leadership's understanding of how an individual school is part of the Society's educational mission in the Catholic Church (Foundation Principle 1).

**Pillar Three**, *Education to Mission for School Leadership*, identifies effective resources to support the education

of boards, chairs, heads, and leadership teams about fidelity to the mission of Sacred Heart education.

**Pillar Four**, *Responsibilities of School Leadership*, supports school leadership in their understanding about how to maintain and nourish the school's identity as a Catholic-independent-Sacred Heart institution.

**Pillar Five**, *Accountability for Mission*, clarifies ways the Conference will provide the means by which schools may demonstrate their accountability to the Society of the Sacred Heart for mission and fiscal viability.

Having received positive and constructive feedback from the board chairs, heads, and Provincial Team, the Conference will refine the plan and present it for acceptance in April 2026 at the Network Membership Meeting.

While each plan addresses the unique mission and responsibilities of the Network and of the Conference, the two promise to intersect in meaningful ways, demonstrating that the leaders of Sacred Heart schools rely on synodality as the framework to ensure mutual dialogue and collaboration.

Ideally, the fruit of this collaborative alignment will be to underscore the relevance, vitality, and transformative nature of Sacred Heart education for future generations.

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### Bringing Sacred Heart Educators Together, continued from page 9

building across the Sacred Heart family. A key component was the organization of constituency groups, which brought together educators in similar roles for focused reflection and collaboration. These meetings centered on reflection questions that encouraged participants to consider how they might implement new ideas in their classrooms, align symposium themes with Sacred Heart educational principles, support student growth more effectively, and deepen their own spiritual and pedagogical understanding.

On the final morning, group representatives shared their collective insights with the entire gathering, creating a capstone moment that connected individual learning to the broader Sacred Heart educational mission.

As the symposium concluded, participants expressed gratitude for the opportunity to reconnect with the Society's mission and their colleagues across the Sacred Heart family.

Drawing from the tradition of Sophie's vision and the contemporary call found in *Sophie's Gift*, Sister Cooke challenged participants to consider their agency as Sacred Heart educators, emphasizing that "we believe that education is inherent to the process of humanization and, therefore, is at the heart of our mission to discover and reveal the Love of the Heart of Jesus."

Her words captured the symposium's central theme: Sacred Heart educators are called to demonstrate contemplative sensitivity and regard



for human dignity, accompanying students as they become more fully human through the transformative power of education rooted in the Heart of Christ.

# Global Heartbeat Project

## The Need to be Bridge Builders

By Linda Norris Behrens, Former Communications Director for the Society of the Sacred Heart United States – Canada Province

Using Design Thinking Process, a study about young adults called the Global Heartbeat Project was conducted in 2025 for the Society of the Sacred Heart. The results were presented at the September Sacred Heart Educators Symposium in New Orleans.



Claire Moreau, 26, an alumna of Academy of the Sacred Heart in New Orleans, took on the challenge by interviewing 100 young adults, hosting a focus group, reviewing 92 survey responses and holding 10 informal conversations about young people with the Religious of the Sacred Heart.

In addition to conducting interviews by Zoom, Moreau visited RSCJ in New Orleans, Louisiana; New York City, New York; Miami, Florida; Washington, D.C.; and Halifax, Nova Scotia. The respondents, aged 16 to 39, were from 12 areas, including Puerto Rico and Mexico.

The purpose of this project was to listen deeply to the lived experiences of young adults across the future ANAM Province and surface the insights needed to inform the future of RSCJ engagement and accompaniment with young people.

“I felt each young person was giving me a gift by telling me their stories,” Moreau said.

“I couldn’t be more grateful for these young people sharing their lives with me,” she said. “They came in as strangers and by the end of this only hour-long conversation, I truly became friends with them. Like I knew them on a heart level.”

Design thinking is a human-centered, iterative process for creative problem-solving that focuses on the user’s needs. It typically involves five phases: empathize, define, ideate, prototype, and test, which allow teams to challenge assumptions, redefine problems, and create innovative, user-friendly solutions.

Through this process, seven key insights were realized:

1. **Overwhelmed and anxious, young adults are hungry for depth** yet rarely are given simple first steps into reflection or spirituality.
2. **Sacred Heart formation endures as a moral compass**, but many alumnae/i now practice faith outside institutions and need clear on-ramps back to community.
3. **Sacred Heart alumnae/i carry a lifelong identity**, but without spaces that extend traditions, service, and formation into adulthood, their shared values risk sitting dormant instead of fueling community and mission.
4. **After just one hour of conversation, young adults’ familiarity with the RSCJ jumped +1.5 points** – even without meeting a sister. Simply hearing their stories and about the Society’s Apostolic Priorities, even from a lay partner in mission, proves that Sacred Heart educators hold enormous power as bridge-builders between young people and the RSCJ.
5. **Interest outruns access** – the current connection with RSCJ averages 6.88/10 while desire to connect is 8.93/10 – meaning young adults are waiting for an invitation. Everyone needs an invitation.
6. **Justice, Peace, and Integrity of Creation (JPIC)** is the strongest bridge plank. Nearly 40 percent named it as their top priority, because action for justice is where their spirituality most naturally lives.
7. **What young people want is consistent and doable:** visible sisters, open spiritual mentorship, honest storytelling, and intergenerational spaces. Bridge building that works treats formation as relationship; small circles, shared stories, and doing justice together closes the distance between the two islands.

Insight 7 referred to “bridge building” and “the two islands,” which was a strategic insight from this design thinking process:

- The young adults and their realities, Sacred Heart Formation and hunger for spirituality are on one island.
- The RSCJ, who possess exactly the tools, wisdom, and spirituality that young people desire, are on the other island. There is a lighthouse on this island; the sisters are lights for their community.

# How to Become a Bridge-Builder

Be a LIGHT!

Listen deeply.

Meet young people where they are — create spaces for reflection, silence, and honest conversation.

Invite and open the door.

Make the RSCJ visible and accessible to young people — invite them into schools and alumnae/i life.

Grow the Sacred Heart community into adulthood.

Extend Sacred Heart traditions, goals, and community into adulthood for our young people.

Highlight JPIC.

Connect young adults to JPIC work — co-lead projects where spirituality and action meet.

Tell their stories with courage and confidence.

Tell RSCJ stories and show that accompaniment is relationship.

Moreau explained that between the two islands, there are chaotic waters and fog that does not allow young people to see the lighthouse light on the RSCJ island.

“How might we build a bridge between these two islands,” she said.

This invitation leads to the next step of this essential project, which Reyna Gonzalez, RSCJ, director of young adult and vocation ministry, and the Core Team of SacredHeartDNA will design.

“The RSCJ have apostolic priorities: education, spirituality, formation, JPIC. It’s how they live out their faith; this is how they go out into the world to serve,” Moreau said.

“Young people,” she added, “want to hear the stories of the RSCJ. I hope we take all the research findings and insights from the Global Heartbeat Project and build a bridge for young adults.”

*Claire Moreau is the Global Network and Cultural Exchange coordinator at the Academy of the Sacred Heart in New Orleans, a position she started on July 1.*





# Jubilee of Youth

## Journeying with Young People

By Lynne Lieux, RSCJ, Provincial Team Member and Participant in the Jubilee of Youth



During the Jubilee Year of Hope, special times were designated for different groups of people to make pilgrimages to Rome. Hence, July 28-August 3, 2025, was designated the Jubilee of Young People, and this is what brought approximately 60 Sacred Heart pilgrims from 11 countries to Rome.

The Society of the Sacred Heart's newly renovated conference center at the Villa Lante provided the ideal location for personal prayer as well as for journeying to some of the holy sites of the Jubilee Year. There, Sacred Heart pilgrims were able to learn more deeply about the Society and its foundress, Saint Madeleine Sophie Barat, as well as other Sacred Heart women, such as Saint Rose Philippine Duchesne.

Pilgrims were able to pray where Sophie prayed: in the chapel of the Villa Lante and in the Oratory of Mater Admirabilis at the Trinità dei Monti. These spaces allowed young adult pilgrims, as well as the educators and adult leaders who accompanied them, to explore more deeply the hope promised to each one through the immense love of the Heart of Christ.

As one of the pilgrims, I left Rome renewed in my commitment to “the education of young people” and my desire to find ways to reach young people in today’s world — which is very different from the world of young people 10 years ago.

In Rome, over 1.5 million young people gathered to celebrate their faith. Their enthusiasm indicates a longing for something much deeper — a desire to find Jesus wherever they may encounter him.

I believe that many young people are looking for trusted adult companions who are willing to listen and to hear the longings of their hearts, especially about their confusion over the world in which we live and the many technological advances that present new challenges to them and all of us.

In my experience, young people want to be connected globally, and they want to serve.

As a Religious of the Sacred Heart, I am called to accompany them as a fellow pilgrim, and I believe I heard Sophie whispering these very words to me as I prayed in the chapel at the Villa Lante.



# Sacred Heart Pilgrimage of Hope

By Reyna González, RSCJ, Director of Young Adult and Vocation Ministry

The Sacred Heart pilgrimage to the Jubilee of Youth began long before the actual event. The pilgrimage started with a journey of preparation, carried out by a diverse, multicultural, and intergenerational team of Religious of the Sacred Heart. What united us was a deep commitment to young adults.

For me personally, this pilgrimage was also born from my passion, conviction, and desire to share the gift I have received: the mission and spirituality of the Sacred Heart.

One of the most meaningful aspects of this experience was helping participants feel a true sense of belonging — not only to the Sacred Heart community but also to the Church, a Church that embraces young people and walks with them. This pilgrimage served as a continuation of our journey through World Youth Day in 2023, allowing us to remain engaged with the global Church and rooted in our shared faith.

A true gift and blessing for me was accompanying and witnessing the growth of the young women leaders of SacredHeartDNA. They played an essential role in the planning process and, ultimately, led their peers throughout the experience. Watching them lead with strength and compassion was profoundly inspiring.

It was also a joy to share this journey with my sisters, RSCJ from different countries. Being a pilgrim means being present. It means accompanying others and taking part in both the small and significant moments where

each young person reconnects with her or his faith and feels deep resonance with our spirituality, already alive in their very DNA.

Throughout the Jubilee of Youth, we experienced a powerful sense of community, living through the daily joys and challenges, navigating cultural and linguistic differences, yet always feeling united by something greater than ourselves. This experience reaffirmed in me that the gift of the Spirit that moves within me is not something to keep; it is meant to be shared. That truth is undeniable.

I was also personally transformed by the maturity and wisdom of our leadership community. Their depth, their ability to respond to challenges, and their generous dedication touched me deeply. I remain convinced that experiences like this pilgrimage are truly transformative, not only for the young people who participate, but for everyone involved.

The wisdom of Saint Madeleine Sophie Barat accompanied us, the closeness of Mater connected us, and being at the Villa Lante brought us back to Society roots that continue to nourish and sustain us. Many of the young participants shared this same feeling: of being rooted, accompanied, and spiritually renewed.

This pilgrimage was not just a journey of hope — it was a living expression of our shared faith, mission, and love.



# SacredHeartDNA

## What is emerging

By Reyna González, RSCJ

**“...to glorify the Heart of Jesus, to discover and make known His Love.”**

– Constitutions of the Society of the Sacred Heart §179

### Exciting News

The Hilton Foundation for Sisters has awarded \$25,000 to support the “Hearts of Hope” summer initiative. The program will focus on leadership development rooted in the charism and mission of the Society. It is the second phase of a long-term strategy to form the next generation of young adults and collaborators who embody the charism, mission, and spirituality of the Society of the Sacred Heart. This strategy is the fruit of the collaboration of the SacredHeartDNA Core Team and Reyna González, RSCJ.



In addition to sharing the mission and spirituality of the Society of the Sacred Heart, my passion is to connect realities, contexts, cultures, and generations — to create bridges that help us cross frontiers, learn from one another, and discover that every person in the community has a unique role and a gift to share.

When I was asked by the provincial team to serve as the director of young adult and vocation ministry, I shared my deepest hope for our work with young people:

*“To have a network of young people who carry hope and imagination, who long to be part of creating a new and better world, impelled by the life and example of Jesus, and who express this through the mission and charism of the Society.”*

This dream holds within it the young people who already know us and those still waiting to encounter the Society’s story.

I see this vision taking root and flowering into life through SacredHeartDNA (SHDNA) — a sign of life. Working with the SHDNA Core Team of young people and Religious of the Sacred Heart, we have been able to forge a path of hope and transformation for our shared future.

The Sacred Heart pilgrimage to the Jubilee of Youth was a living sign, a sacred moment where the dream was no longer just imagined, but beating with life, breathing hope for

the future of our mission.

Now, I long to share this experience, the path of SacredHeartDNA and invite others to DISCOVER the love of God and the richness of Sacred Heart spirituality, to NAVIGATE together as a community — learning, discerning, and choosing with courage to ACT in ways that make love visible and transform the world.

### What Comes Next

The Jubilee of Youth pilgrimage was the beginning of a longer journey.

To ensure that the spirit of this pilgrimage continued beyond Rome, all participants gathered in October for a follow-up meeting to reflect on the experience, celebrate the graces received, and share their stories with the wider Sacred Heart family — RSCJ, Associates, and partners in mission.

The office of young adult and vocation ministry continues to maintain communication with the Jubilee pilgrims, nurturing connection, encouraging spiritual growth, and sustaining engagement with the values that were lived so fully during our time together in Rome.

Importantly, we have developed a program that will take place in Mexico in summer 2026 called “Hearts of Hope.” This program is designed to build on the spiritual momentum of the Jubilee, transforming the experience into concrete leadership development and community action. The



program ideally will serve to deepen and strengthen this young adult community, rooting them more fully in the mission, spirituality, and values that inspire our shared journey.

The program intends to deepen and strengthen this young adult community in:

- **The Society's Apostolic Priorities** – embracing the key calls of our mission today
- **Being Artisans of Hope** – cultivating a spirit of global solidarity and transformation
- **The Spirituality of Saint Madeleine Sophie Barat** – rooting their lives in prayer, discernment, and love.

Formation will focus on:

- **Leadership development** grounded in the charisma and mission of the Society
- **Justice, Peace, and Integrity of Creation (JPIC)** – forming a heart for justice and care for our common home
- **Project design and implementation** – equipping participants to create initiatives that bring local transformation and hope.

Participants will be trained to initiate

community-based projects that respond to pressing local needs. These may include:

- **Social justice initiatives** such as neighborhood organizing, advocacy campaigns, and/or outreach to marginalized populations
- **Ecological efforts** including community gardens, recycling programs, and/or climate action projects
- **Educational programs** such as literacy courses, tutoring, and/or workshops for personal and community development.

To ensure sustainability and accountability, the SacredHeartDNA Core Team will implement a follow-up structure that includes mentorship, peer support groups, and regular impact assessments. These mechanisms will help track progress, provide guidance, and reinforce the multiplier effect of leadership formation.

Beyond this program, I also am

***“The work of interior transformation is necessary in order to become a fitting instrument in God’s hands.”***

– Saint Madeleine Sophie Barat

working with members of the SHDNA Core Team on a discernment guide entitled *SacredHeartDNA Methodology – A Journey to Discover Your Call, to Navigate with Courage, and to Act with Love.*

### **Intergenerational Treasure and The Emerging Future**

SacredHeartDNA is, without a doubt, a treasure entrusted to us. This initiative invites us – young and old – to walk side by side, sharing wisdom, and shaping hearts for the future. The journey of the SHDNA community has shown me the power of intergenerational collaboration, where the courage of young adults meets the depth of experience in our community members to create something new and full of life. In this shared journey, we are co-creating the emerging future of the Society – a future where the mission remains vibrant, alive in the hearts of those who will carry it forward.

# RSCJ Q&A

## Getting to Know Maricruz & Melanie...

By Erin Everson, Maricruz Trigueros Manzo, RSCJ, and Melanie Guste, RSCJ



**Maricruz Trigueros Manzo, RSCJ**, was born and raised in Mexico City. She attended Universidad Iberoamericana, a Jesuit University, where she studied psychology. She entered the Society of the Sacred Heart in 2004 when she was 25 years old. Today, Sister Trigueros is responsible for overseeing JPIC (Justice, Peace, and Integrity of Creation) ministry in the Society of the Sacred Heart México Province.



**Melanie Guste, RSCJ**, was born and raised in New Orleans. The granddaughter of a Sacred Heart alumna, she and her five sisters attended Academy of the Sacred Heart in New Orleans – also known as “The Rosary” – kindergarten through twelfth grade. She entered the Society in 1978. Currently, Sister Guste serves as the director of JPIC (Justice, Peace, and Integrity of Creation) for the United States – Canada Province.

### When and where did you meet the Society?

**Sister Trigueros:** I met the Society when volunteering with the Jesuits. They sent me to a program run by the Religious of the Sacred Heart in the North of México, in a very little town called General Cepeda. I really loved the countryside way of living. After one year collaborating there, I began my vocational process, and I joined the Society in September 2004. My first community was in the South of México in a town called Ayutla, and this year we are celebrating 25 years of RSCJ presence with the people there.

**Sister Guste:** I entered the noviceship in 1978. There were 15 women in the group that entered, and we lived in a large home at 860 Beacon Street in Newton Center, Massachusetts. Over time, “Beacon Street” became a “quick reference” for a significant number of RSCJ who entered through this house of initial formation. For me, this time was a deep experience of transformational growth through prayer, study, relationships, and encounter with a subculture of the United States very much unlike my own.

### What inspired you to join the Society?

**Sister Trigueros:** My time as a volunteer was very joyful. One thing that attracted me is the way of religious life that combines service as a ministry with community development through Popular Education. I discovered that the RSCJ were fully contemplative as well as fully apostolic. I felt called to journey with the poor and share their struggles for a better life, as Jesus invited us, believing that the desire of God’s Heart is that everyone may have abundant life. I found it very powerful to know more deeply the feelings, options, and projects of Jesus’ Heart and in a way to make them mine.

**Sister Guste:** My family story and my Sacred Heart story are very much intertwined. My parental and familial influences inspired me to join the Society – their witness to faith, an early formation in community life, and a shared culture of putting “love in action” at home and in society.

The Academy of the Sacred Heart offered me a religious, spiritual, and intellectual framework for understanding the complexities of the tumultuous, frequently dissonant and discordant, and historical period of my childhood and adolescence.

The RSCJ revealed to me an attitude of contemplative sensitivity to God and of deep listening to what was going on in the hearts of others — joy or pain, aches, or longings. They modeled for me how to “show up” and to be present to each one on their journey to know God’s heart of love and compassion, and to accompany others in their journey to truth and understanding.

Through the various circumstances and experiences of my life at home and at school, I formed a personal relationship with God through an encounter with His Heart, a heart pierced by the woundedness and suffering of others, and a heart on fire with a love for service as an educator.

### Can you share about your background in JPIC related work and ministries?

**Sister Trigueros:** As I mentioned, working through Popular Education was meaningful; it gave me a bold basis for the JPIC commitment in every ministry.

In 2018, I joined RSCJ in the Philippines for the Society’s International JPIC Meeting that gave light to *Being Artisans of Hope in Our Blessed and Broken World*.

Recently, I had a beautiful experience serving in the Antilles Province in two countries: Haiti and Cuba. Both were different, but being close to vulnerable people has been an important learning experience.

Also, I had the fortune to participate in the 2020 Border Witness Program, organized by the Stuart Center and ARISE in McAllen, Texas. That experience helped to lead me to be in my current ministry working with migrants and refugees in Tijuana, México, and San Diego, California.

Last summer, I had the great opportunity to be at the High-Level Political Forum for Sustainable Development at the United Nations. During the Forum, I had the opportunity to deliver the Ministerial Declaration of the Civil Society of Mexico after the presentation of the Voluntary National Report of my country. This represented a tremendous practice of advocacy at the global level.

**Sister Guste:** After making my final vows, I was sent to the Center for Educational Design and Communication (CEDC) in Washington, D.C., where our team worked under the leadership of Catherine “Kit” Collins, RSCJ, on a wide variety of social justice issues and with many related organizations. This time concretized for me the intersectionality between education and communication, spirituality and justice, and formation and community.



Sister Trigueros with Associate Carole Sargent and RSCJ Marivalle Adame, Irene Franco, and Diane Roche at the border wall between Tijuana and San Diego.

For 25 years, after returning to Louisiana, I served as an educational and organizational consultant, mediator, and facilitator with several state agencies and nonprofit organizations, including the Governor’s Office Women’s Services, the Department of Education, Neighborhood Housing Services, and the Louisiana Association of Nonprofit Organizations. My key areas of focus were: 1) the education of youth, especially marginalized youth; 2) poverty and housing; 3) women’s issues; 4) peace/nonviolence; and 5) environmental sustainability, all expressive of the deep roots and life of mission in the Society of the Sacred Heart.

As a former member of a provincial team and former headmistress of the Academy of the Sacred Heart, these key areas of priority were able to be woven within the religious community and the school into a marvelous tapestry of my life in ministry and service. Now, I continue to be in the service of our mission as director of JPIC during another challenging period in history.

### What aspects of this ministry energize you the most?

**Sister Trigueros:** I feel that many things energize me. Linking the local to the global, sharing the efforts that are made in the communities I am in and with others. For instance, I am organizing online roundtables about migration and sharing what Catholic sisters from



different congregations are doing around the continent. Also, I enjoy connecting with others very much, so being part of la Red (Continental Network of Popular Education and JPIC) and collaborating with JCoR (Justice Coalition of Religious at the UN) are a special part of my commitment and ministry.

**Sister Guste:** Simply put, the charism and call to “discover and reveal the love of the Heart of Christ” has remained a renewable source of energy, joy, and hope in my life. Working in collaboration with religious sisters and partners is invigorating and deeply inspirational. Connecting with others in matters of shared belief ignites my creativity and ideas for what is possible. Some simple and essential activities such as cooking, swimming, and walking outdoors in a natural environment always generate energy for me.

### How does your work contribute to the Society’s vision of acting as One Body?

**Sister Trigueros:** JPIC is one of the Society’s Apostolic Priorities, so I follow up with the different JPIC projects that are realized in each Sacred Heart school or Popular Education program in México. Communication within the team of the 12 JPIC links in my province is just as important as acting as One Body. We are all very attentive to respond to the needs of our context as well as to get involved in international initiatives. I think that working for JPIC is a special opportunity to recognize the great potential we have together as a Society because of our international presence in the world.

**Sister Guste:** Our commitment to JPIC has its genesis in the hopes and aspirations of our Foundress Saint Madeleine Sophie Barat, and this is still reflected in our most recent Chapters and Apostolic Priorities. This vision of a world of “justice, peace, and the integrity of creation” unites us in mission, offers clarity and direction, and energizes us in a collective response to the many needs and cries of the world. Wherever we are called as religious sisters, and in whatever ministry, we act as One Body to make known these values and attributes of Jesus’ heart.

### Is there a quote from Saint Madeleine Sophie Barat that inspires your work?

**Sister Trigueros:** “Your mission is big: includes the entire world.” I believe this is true. In our times, we can see that we are all connected, and I hope for a world without borders, just one humanity.

**Sister Guste:** Saint Madeleine Sophie’s Daily Prayer inspires me in my work.

*Sacred Heart of Jesus,  
Give me a heart that is one with your own;  
A humble heart that knows and loves its nothingness;  
A gentle heart that holds and calms its own anxiety;  
A loving heart that has compassion for the suffering of others;  
A pure heart that recoils even at the appearance of evil;  
A detached heart that longs for nothing other than the goodness of heaven;  
A heart detached from self-love and embraced by the love of God,  
its attention focused on God, its goodness, its only treasure in time and in eternity.*

Through this prayer, I am united in the attitudes, values, and desires of our enlightened foundress, which are still so deeply applicable in our world today.

### What gives you hope?

**Sister Trigueros:** The great commitment and dedication of the Family of the Sacred Heart worldwide and in Mexico, in many aspects, like working for peace, looking for justice, and educating about caring for our common home. Especially the willingness of young people to build a better world — one fair, peaceful, and sustainable for all.

**Sister Guste:** I experience hope through a deep sense of God’s presence in prayer, in the created world, and in human beings. God’s living and immanent presence in the various experiences of my life fuels my hope. Praying with others in community, reflecting on Scripture, sharing a commitment to common values, working together for justice and peace and the integrity of creation in a wide variety of ways — all aspects of community life and my religious vocation — keep my hope alive in a world so most assuredly in need of hope at this challenging time.

(top) Sister Trigueros at the Haitian Flag Celebration in Tijuana; Sister Guste speaks to educators.

(top middle) Sister Guste and her nieces at The Rosary; final mass of the JCoR meeting in Colombia.

(bottom middle) Sister Trigueros and Lisa Buscher, RSCJ, with the Collaborative for Border Ministries in San Diego; Sister Guste and Georgeann Parizek, RSCJ, visit students.

(bottom) Sister Guste and her sister Elizabeth Guste; visit of the Mexican Provincial Team to the Tijuana Community.

# Exciting News from Oakwood!

By the Provincial Team

The Westwood Community House on the campus of Oakwood — located in Atherton, California — is undergoing an important renovation! Plans are in process to create a community space more conducive to independent living within the larger complex of Oakwood. In addition to upgrading the plumbing and electrical service of Westwood, the renovations will allow each sister to have her own bathroom, something that we have discovered is highly valued in other independent living residences. Renovations will also ensure that each room can accommodate a wheelchair with several rooms being ADA compliant. Sisters residing at Oakwood look forward to this renewed community space.

The Provincial Team has listened to many of our sisters across the province concerning future community living spaces. Our discussions about design have been greatly enhanced by the input and creativity of the Oakwood Administration and Advisory Board. We are also grateful to Sacred Heart Schools, Atherton, particularly Head of School Rich Dioli. Rich's encouragement and the cooperation of the school's leadership team have made planning with the architect a genuine pleasure. We know that the school's support is instrumental in our successful work with the City of Atherton in securing project approval. Everyone involved shares a commitment to enhancing the quality of life for Religious of the Sacred Heart.

We plan to break ground in January of 2026. Ideally, the project should be completed by Easter of 2027.

## Independent Living in the Spirit of the Sacred Heart

For the Religious of the Sacred Heart, independent living is not simply a practical arrangement; it is an expression of our spirituality. Rooted in interior freedom, it allows each sister to live from the deep center where God's love dwells. The rhythm of daily life

— prayer, companionship, quiet service — becomes the space where the Heart of Jesus is revealed in ordinary moments.

The Oakwood campus, inclusive of Oakwood, Rosewood and the future renovated Westwood communities, provides the ideal space for our sisters to remain bound together by the love of God, sustained by the lifelong habit of community and shared mission. The quality care and love of those who work at Oakwood contribute to the quality of community life. Oakwood's atmosphere supports prayer, service, and on-going relationships of our sisters as they continue actively and energetically to serve God's people as spiritual companions, mentors, prayer partners, and wisdom figures.

We know that community is not defined by walls but by communion. We are so grateful to our friends, families and benefactors who are making the future Westwood Community a possibility. We are confident that this refreshed space will contribute in many ways to the quality of life within the Oakwood community for years to come.

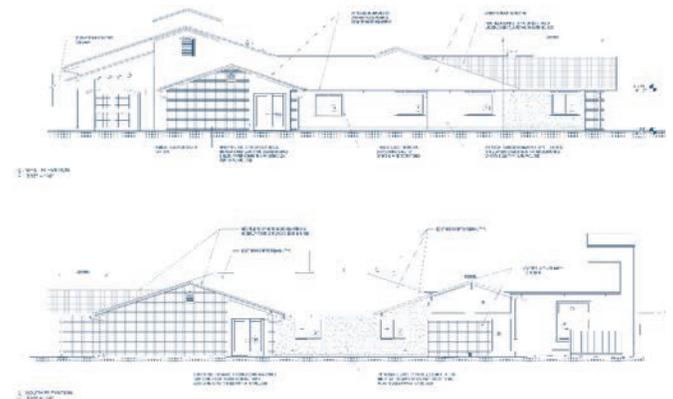




Photo courtesy of Forest Ridge School of the Sacred Heart

# together as one heart

*“When you become a member of the Cor Unum Legacy Society by naming the Society in your will, we recognize that your act of generosity is rooted in the sacred trust between you and the Religious of the Sacred Heart.”*

— Suzanne Cooke, RSCJ, Provincial, USC Province



The Cor Unum Legacy Society honors those individuals who have made a planned gift to the Society of the Sacred Heart so that future generations can carry our mission forward. Please consider a gift to the Cor Unum Legacy Society.

To learn more today about how to become a member of the Cor Unum Legacy Society, please visit [rscj.org/bequests](http://rscj.org/bequests) or call the advancement office at 314-880-0551.



# Network Schools Celebrate Anniversary Years



## 175 YEARS Academy of the Sacred Heart

BLOOMFIELD HILLS, MICHIGAN

Academy of the Sacred Heart's theme for their anniversary is *Leading with Love: 175 Years of Living the Mission*. The school community kicked off a year-long celebration with "Mass on the Grass," which brought together current families, alumnae/i and parents of graduates in prayer, followed by a family picnic on a beautiful Michigan day. Très bien!



PHOTOS COURTESY OF ACADEMY OF THE SACRED HEART



## 100 YEARS Newton Country Day School of the Sacred Heart

NEWTON, MASSACHUSETTS

Newton Country Day School celebrated 100 years on its campus with "Bold Vision, Bright Future," a gala to honor the bold vision of the Religious of the Sacred Heart while looking ahead to the bright future of the next 100 years of Sacred Heart education in Newton. The school welcomed six RSCJ to the celebration: Suzanne Cooke, Barbara Rogers, Nancy Kehoe, Cecile Meijer, Barb Quinn, and Kathleen Hughes.



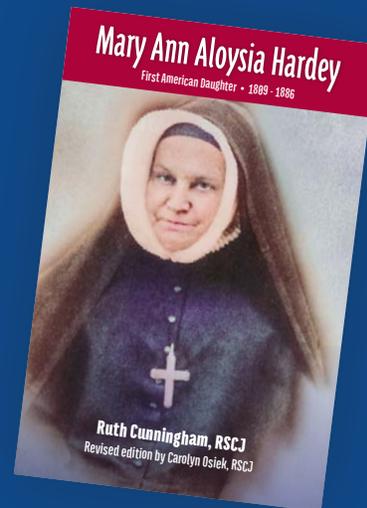
PHOTOS COURTESY OF NEWTON COUNTRY DAY SCHOOL

# Suggested Reading

## *Mary Ann Aloysia Hardey: First American Daughter, 1809 – 1886*

By Ruth Cunningham, RSCJ  
Revised edition by Carolyn Osiek, RSCJ

A revised and updated edition of the biography by Ruth Cunningham, RSCJ, written in 1981, this short portrait of the work of Mary Ann Aloysia Hardey introduces her and her amazing skills as founder and builder in North America in the next generation beyond Philippine Duchesne.



## Share Your Hearts

For almost two decades, hearts in nature graced the front cover of *Heart* magazine. To pay homage to this original concept, we share hearts photographed by members of our Sacred Heart family.

Submissions can be sent to [editor@rscj.org](mailto:editor@rscj.org).



(top) Photo by Jen MacArthur, campus minister at Villa Duchesne School of the Sacred Heart in St. Louis, Missouri.

(left) Photo of Heart of Jesus plant by Gwen Hoeffel, RSCJ.

(middle) Photo taken in Newburyport, Massachusetts, by Erika Asteinz (©Naturmotif), parent of alumnae from Convent of the Sacred Heart (91st Street) in New York City.

(right) Photo by Mary Belle O'Brien, alumna of Manhattanville, class of 1957.

# where we all belong

## THE SACRED HEART SPIRITUALITY CENTER

By Jennie Weiss Block, Director of the Sacred Heart Spirituality Center

On December 13, 1804, the day after her 25th birthday, Madeleine Sophie Barat arrived in Grenoble, France, to meet with a young woman named Rose Philippine Duchesne. Many in the Sacred Heart family know the history of these two women. Keenly aware that we are the beneficiaries of Sophie and Philippine's vision and hard work, we know, too, that we bear the responsibility of passing on this vision to future generations.

### A COLLABORATIVE PROJECT

To this end, with much gratitude and excitement, we are pleased to announce the founding of the Sacred Heart Spirituality Center, a collaborative project between the Society of the Sacred Heart and Carrollton School of the Sacred Heart in Miami, Florida.

Grounded in the Catholic tradition and the charism of the Society of the Sacred Heart, the Sacred Heart Spirituality Center has two related goals. First, to be a welcoming space offering programs designed to accompany women and men who desire to grow in the interior life. Secondly, to offer curated programs designed to pass the Sacred Heart charism, history, and traditions to future generations.

Two taglines — *Where We All Belong* and *All Things Sacred Heart* — summarize and well describe the vision that guides the new center.

### ALL THINGS SACRED HEART

The Sacred Heart Spirituality Center will focus on programs and activities organized around "All Things Sacred Heart." This catchall phrase refers to many ways we self-identify as Sacred Heart institutions.

Committed to following in Sophie and Philippine's footsteps, Sacred Heart spirituality is a way of life that gives us direction, hope, and meaning. Most significantly, Sacred Heart spirituality is a life-long gift for students and their families, trustees, and faculty and staff that shapes and guides the rest of their lives.

The work of the center will be dedicated to passing on "All Things Sacred Heart" to the future generations so that others may benefit from the great and enduring gifts we have received from those who have come before us.

### WHERE WE ALL BELONG

It is often said that we live in difficult and divisive times and, indeed, this is a reality that can be painful and polarizing. Saint Madeleine Sophie, too, lived in difficult, divisive, and polarized times during the French Revolution. And yet, she persevered in her search for unity and her deep desire to share the love of Christ's Heart with her students and, in turn, the world.

Any center, school, or institution that bears the name "Sacred Heart" must seek to do the same.

The Sacred Heart Spirituality Center welcomes all who seek God with an open heart. Emulating Sophie, we desire unity in the Heart of Christ and believe that our love for all things Sacred Heart is our common bond; a bond that always transcends our differences.

To learn more about the plans and programs, please visit [Carrollton.org/sacred-heart-spirituality-center](http://Carrollton.org/sacred-heart-spirituality-center). We ask that you keep this new endeavor in your prayers.



Members of the family of the Sacred Heart gather for an open house at the center.



# our spirituality centers

Our Province Spirituality Centers host and direct a variety of programs and offerings including: day/overnight retreats, spiritual direction, grief counseling, book discussion groups, speakers on variety of justice and spiritual topics, and group discussions, in-person and online.

## **Barat Spirituality Centre**

1455 Summer Street  
Halifax, Nova Scotia  
B3H 4L6 CANADA

**CONTACT:**

Kimberly M. King, RSCJ  
902.456.6112  
baratspirituality@gmail.com  
baratspirituality.org

## **The Spiritual Ministry Center**

4822 Del Mar Avenue  
San Diego, CA 92107

**CONTACT:**

619.224.9444  
spiritmin@rscj.org  
spiritmin.org

## **Sophie's Well: A Center for Sacred Heart Spirituality**

A virtual spirituality center offering retreats and spiritual direction.

**CONTACT:**

Jane O'Shaughnessy, RSCJ  
joshughnessy@rscj.org



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